



**Newport County
Prevention Coalition**
Member of Rhode Island Regional Coalitions

2019 Regional Mental Health & Substance Use Resource Guide

Why care about your mental health?

Wellness is being in good physical and mental health. Because mental health and physical health are linked, problems in one area can impact the other. Improving your physical health can also benefit your mental health, and vice versa. It is important to make healthy choices for both your physical and mental well-being.

Remember that wellness is not the absence of illness or stress.

You can still strive for wellness even if you are experiencing these challenges in your life and if you want someone to talk to, **there is no wrong door**. Mental health professionals, school professionals, medical professionals and your faith community are all there to help or provide direction to those who can.

For immediate help, call 24/7

**Newport Mental Health Hotline
401-846-1213**

**RI Behavioral Health Link Hotline
401-414-LINK (5465)**

**Kids Link RI
855-543-5465**

For additional resources

RI Behavioral Health Link
www.bhlink.org

Mental Health Resource
www.bhddh.ri.gov/mh

Substance Abuse Resource
www.bhddh.ri.gov/substance_use

Prevent Overdose RI
www.preventoverdoseri.org

Agencies and Services

Assessment

RI Behavioral Health Link www.bhlink.org

The BH Link Hotline and Triage Center provides immediate treatment and recovery services, as well as connections to long-term treatment options – 24 hours-a-day, seven days-a-week.

BH Link Hotline – 401-414-LINK (5465)

BH Triage Center – 975 Waterman Street, East Providence, RI

(Y) Newport Mental Health 24/7 Emergency Crisis Helpline – 401-846-1213 www.newportmentalhealth.org

127 Johnnycake Hill Road, Middletown, RI

(Y) Kids Link RI – 855-543-5465 www.lifespan.org/centers-services/kids-link-ri

Connects parents and caregivers to children’s services in RI. Helps parents find resources for treatment and counseling.

Basic Needs

Health Source RI – 855-840-4774 www.healthsourceri.com

401 Wampanoag Trail, East Providence, RI

Health Insurance • Supplemental Nutrition Assistance Program (SNAP) • Child Care Assistance Program (CCAP)

Cash Assistance (Rhode Island Works, General Public Assistance and Refugee Cash Assistance)

State Supplemental Payments (SSP) • Medicare Premium Payments (MPP) • General Public Assistance-Burial Services

United Way 211 – 211 www.uwri.org/get-help-2-1-1

(Y) East Bay Community Action Program (EBCAP) www.ebcap.org

19 Broadway, Newport, RI – 401-847-7821 1048 Stafford Road, Tiverton, RI – 401-625-1364

RI Housing – 401-457-1234 www.RIhousing.org 44 Washington Street, Providence, RI

Lucy’s Hearth (Women/Children Shelter) – 401-847-2021 www.lucyshearth.org

19 Valley Road, Middletown, RI

Women’s Resource Center – 401-846-5263 or 800-494-8100 (24 Hour Hotline) www.wrcnbc.org

114 Truro Street, Newport, RI

Detoxification Services

Butler Hospital Alcohol and Drug Treatment Unit – 844-401-0111 www.butler.org

345 Blackstone Boulevard, Providence, RI

Roger Williams Hospital – Addiction Service Center – 401-456-2362 www.rwmc.org/services/addiction-services-center

877 Chalkstone Avenue, Providence, RI

Inpatient Facilities

Newport Behavioral Health Unit – 401-846-6400 www.newporthospital.org

Newport Hospital Emergency Room, 11 Friendship Street, Newport, RI

Community Care Alliance – 401-295-5979 www.communitycareri.org

Acute Stabilization Unit – Charlesgate, 100 Randall Street, Providence, RI

AdCare Rhode Island – 401-294-6160 www.americanaddictioncenters.org

1950 Tower Hill Road, North Kingstown, RI

Phoenix House – 401-295-0960 www.phoenixhouse.org/locations/rhode-island

251 Main Street, Exeter, RI

Inpatient Facilities *(continued)*

Providence Center – Inpatient Intake Number – 401-276-4020 www.providencecenter.org

530 North Main Street, Providence, RI

Butler Hospital – Behavioral Health Service Call Center – 844-401-0111 www.butler.org

345 Blackstone Boulevard, Providence, RI

(Y) Bradley Hospital – 401-432-1000 www.bradleyhospital.org

1011 Veterans Memorial Highway, Riverside, RI

Outpatient Services *(including Intensive Outpatient Programs)*

(Y) Child & Family Services of Newport County – 401-849-2300 www.childandfamilyri.com

31 John Clarke Road, Middletown, RI

AdCare Rhode Island – 401-683-0857 www.americanaddictioncenters.org

11 King Charles Drive, Unit 2A, Portsmouth, RI

CODAC Behavioral Healthcare Newport – 401-846-4150 www.codacinc.org

93 Thames Street, Newport, RI

Newport Hospital Partial Hospitalization Program – 401-845-1910 www.newporthospital.org

Borden-Carey Building, Suite 340, 19 Friendship Street, Newport, RI

(Y) Newport Mental Health – 401-846-1213 www.newportmentalhealth.org

127 Johnnycake Hill Road, Middletown, RI

Walk In Services M – F/9am – 2pm Emergency Services (24/7)

Medication Assisted Treatment Services

CODAC Behavioral Healthcare Newport – 401-846-4150 www.codacinc.org

93 Thames Street, Newport, RI

The Journey to Hope, Health and Healing, Inc. – 401-946-0650 www.thejourneyhhh.com

26 Valley Road, Units 201 & 202, Middletown, RI

Peer Recovery and Support

FIRE: Faith Infused Recovery Efforts – 202-415-7008 www.fireri.org

Hope Recovery Center – 401-619-1343 www.psnri.org

50 Washington Square, Newport, RI

McKinney Cooperative Shelter – 401-846-6385

15 Meeting Street, Newport, RI

Recovery Housing Information – Call Brian: 401-440-0965 or Frank: 401-996-4379 www.recoveryhousingri.com

REST Family Crisis/Support – 860-952-4966 www.resthelps.org

RICares – 401-475-2960 www.ricares.org

1345 Jefferson Boulevard, Warwick, RI

In Recovery? Know Your Rights! www.bhddh.ri.gov/substance_use/pdf/PHD1091.pdf

(Y) Agencies servicing youth under 18.

If you are in immediate danger or an emergency, call 911.



Hotlines and Helplines

Above The Influence Crisis Text Line.....	Text Above to 741-741
Alcoholics Anonymous	401-438-8860 or 401-739-8777
Al-Anon and Al-Ateen.....	401-781-0044
Behavioral Health Link Hotline.....	401-414-LINK (5465)
Boys Town National Hotline (<i>Serving all at-risk teens/children/parents</i>).....	800-448-3000
Day One Sexual Assault Helpline	800-494-8100
Gambling Hotline.....	855-222-5542
Gay & Lesbian National Hotline.....	888-843-4564
MADD (<i>Victim/Survivor of Drunk Driving</i>)	877-MADD-HELP
Narcotics Anonymous	866-624-3578
National Domestic Violence Hotline.....	800-799-7233
National Runaway Safeline.....	800-786-2929
National Suicide Prevention Lifeline	800-273-8255
Newport Mental Health 24/7 Crisis Line.....	401-846-1213
RI Child Abuse Hotline.....	800-742-4453
RI Council on Alcoholism	866-252-3784
RI Department of Elderly Affairs (<i>Adult Protective Services</i>).....	401-462-0555
RI Smoker’s Helpline	800-QUIT-NOW
RI Victims of Crime Hotline.....	800-494-8100
RI Legal Services (<i>Expungement, Driver’s License and Public Benefits Services</i>).....	401-274-2652
Samaritans of RI/Crisis Prevention Hotline	800-365-4044 or 401-272-4044
Trevor Lifeline – LGBTQ	866-488-7386
Veterans Crisis Line	800-273-8255
Veterans Homeless Helpline	877-424-3838
Women’s Center of RI/24 Hour Helpline.....	401-861-2760
Women’s Resource Center Shelter Hotline	866-236-2474
Youth Pride (LGBTQ Youth).....	401-421-5626